



**For All Girls and Boys — Ages 9 through 14**

**Saturday, January 10, 2026 - St. Emily's Gym**

**1400 E. Central Rd. Mount Prospect, IL**

**Enter through the North parking lot, East side**

**Registration at 9:00 AM – Competition at 9:30 AM**

The Mount Prospect Knights of Columbus Council #6481 invites all Girls and Boys, ages 9 through 14, to participate in the Council level of competition for the 2026 Knights of Columbus Free Throw Championship on **Saturday, January 10, 2026**, at St. Emily's Gym, 1400 E. Central Rd., Mount Prospect. **Registration starts at 9:00 AM; the competition starts at 9:30 AM.** There is no cost to participants.

The Knights of Columbus sponsors the Free Throw Championship annually, with Council winners progressing through District, Regional, and State competitions. Girls and Boys compete in their respective age and gender divisions. The contestant's age determines age eligibility as of January 1, 2026. Due to the Illinois High School Association by-laws, any 14-year-old high school student on an IHSA Basketball team is ineligible to compete in the KofC Free Throw Championship.

**Participants are required to provide proof of age (a copy of their birth certificate) and complete a written parental consent form (Official Entry Form) at event registration.** The entry form and proof of age will accompany participants through all levels of competition.

All Council-level contestants will receive certificates for their participation in the event. First-place champions also receive medals in their respective age/gender division.

The Knights of Columbus is an international Catholic fraternal service organization with nearly 1.8 million members across more than 17,000 local councils. Last year, Knights donated more than 70 million volunteer hours and \$162 million to charitable and benevolent causes, sponsoring projects that benefited their parishes, councils, communities, families, and youth.