

## Schedule for Praying the Rosary

**The Joyful Mysteries**  
Monday and Saturday

**The Sorrowful Mysteries**  
Tuesday and Friday

**The Glorious Mysteries**  
Wednesday and Sunday

**The Luminous Mysteries**  
Thursday



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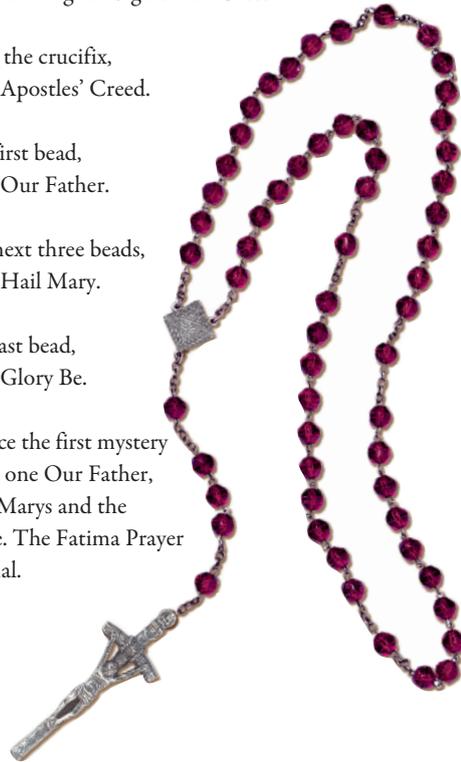
### Acknowledgements

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## How to Pray the Rosary

- 1) Begin by making the Sign of the Cross.
- 2) Holding the crucifix, pray the Apostles' Creed.
- 3) On the first bead, pray the Our Father.
- 4) On the next three beads, pray the Hail Mary.
- 5) On the last bead, pray the Glory Be.
- 6) Announce the first mystery and pray one Our Father, 10 Hail Marys and the Glory Be. The Fatima Prayer is optional.
- 7) Repeat until the five decades are prayed.
- 8) Pray the Hail, Holy Queen.
- 9) Finish by making the Sign of the Cross.



## The Prayers of the Rosary

### Sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

### Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Our Father

Our Father, who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace. The Lord is with thee: blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

### Glory Be

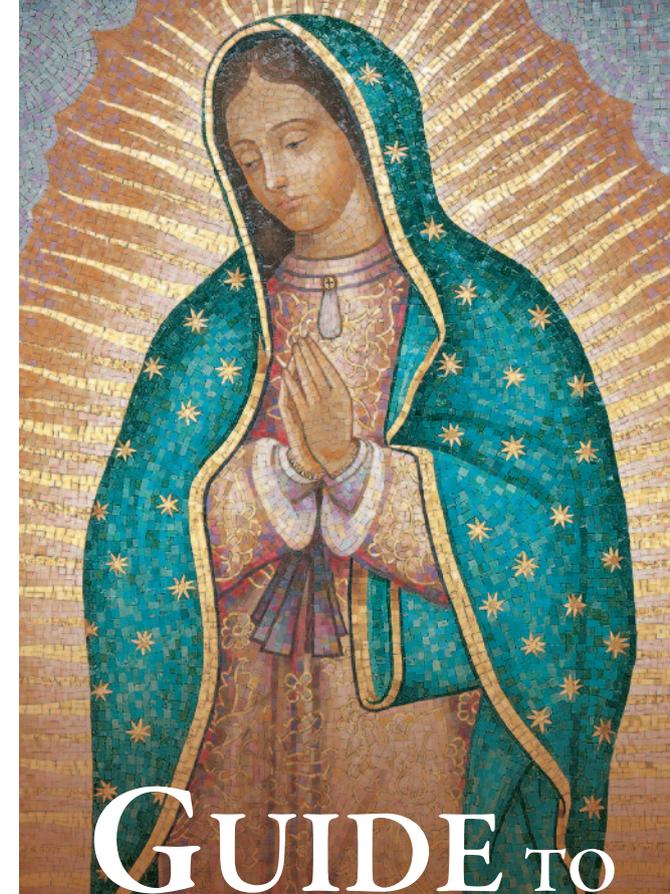
Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

### Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God that we may be made worthy of the promises of Christ. Amen.



# GUIDE TO PRAYING THE ROSARY



FAITH IN ACTION

FAITH

## The Joyful Mysteries

### The Annunciation

“He came to her and said, ‘Hail, full of grace, the Lord is with you!’” (Lk 1:28)



### The Nativity

“Mary gave birth to her first-born son and wrapped him in swaddling clothes, and laid him in a manger.” (Lk 2:7)



### The Finding in the Temple

“After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers.” (Lk 2:46-47)



### The Visitation

“When Elizabeth heard the greeting of Mary, the child leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, ‘Blessed are you among women, and blessed is the fruit of your womb!’” (Lk 1:41-42)



### The Presentation

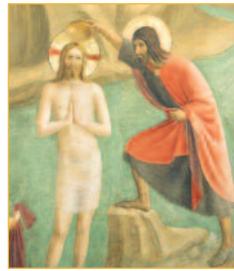
“When the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord.” (Lk 2:22)



## The Mysteries of Light

### The Baptism of the Lord

“When Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened and he saw the Spirit of God descending like a dove and behold, a voice from heaven, saying, ‘This is my beloved Son, with whom I am well pleased.’” (Mt 3:16-17)



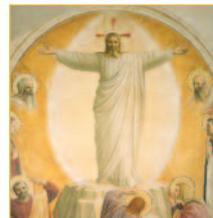
### The Wedding Feast at Cana

“His mother said to the servants, ‘Do whatever he tells you.’” (Jn 2:5)



### The Preaching of the Kingdom

“The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel.” (Mk 1:15)



### The Transfiguration

“He was transfigured before them, and his face shone like the sun, and his garments became white as light.” (Mt 17:2)



### The Institution of the Eucharist

“[Jesus] took bread, and blessed, and broke it, and gave it to them, and said, ‘Take; this is my body.’ [Jesus] took a chalice, and when he had given thanks he gave it to them, and they all drank of it.” (Mk 14:22-23)

## The Sorrowful Mysteries

### The Agony in the Garden

“Watch and pray that you may not enter into temptation; the spirit indeed is willing, but the flesh is weak.” (Mt 26:41)



### The Scouring at the Pillar

“Pilate said ‘I am innocent of this righteous man’s blood...and having scourged Jesus delivered him to be crucified.’” (Mt 27:24, 26)



### The Crowning with Thorns

“They stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand.” (Mt 27:28-29)

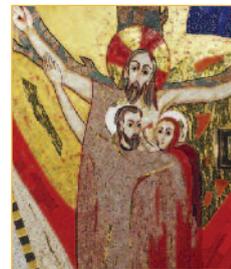


### The Carrying of the Cross

“So they took Jesus, and he went out, bearing his own cross, to the place called the place of a skull.” (Jn 19:17)

### The Crucifixion

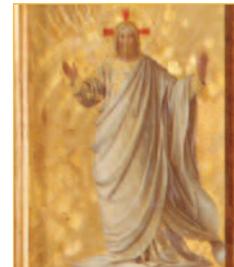
“But standing by the cross of Jesus were his mother, and his mother’s sister, Mary the wife of Clopas, and Mary Magdalene.” (Jn 19:25)



## The Glorious Mysteries

### The Resurrection

“Entering the tomb, they saw a young man and they were amazed. And he said to them, ‘Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here.’” (Mk 16:5-6)



### The Ascension

“So then the Lord Jesus, after he had spoken to them, was taken up into heaven, and sat down at the right hand of God.” (Mk 16:19)

### The Descent of the Holy Spirit

“There appeared to them tongues of fire, distributed and resting on each one of them.” (Acts 2:3)



### The Assumption

“My beloved speaks...to me: ‘Arise, my love, my dove, my fair one, and come away for behold the winter is past, the rain is over and gone.’” (Song 2:10-11)

### The Crowning of Mary

“A great sign appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.” (Rv 12:1)

