

## Summer ECO Tips:

Keep a pitcher of cold water in your refrigerator so you don't have to run the tap to get a cool drink.

If you let your grass grow a little longer (3"), and water it deeply (15 to 20 minutes at a time) once or twice a week if needed, you can save water and have a healthier lawn.

On ozone action days, postpone refueling your car or using gasoline-powered garden equipment until after 7PM. Limit your driving and avoid excessive idling and jack-rabbit starts.

Keeping the thermostat on your air conditioner set to 78° will save energy and reduce CO<sub>2</sub> emissions.

Plastic waste near lakes, rivers, and oceans is especially hazardous to wildlife. Cut open plastic 6-pack rings and dispose of them, old fishing lines and all other plastic trash in secure garbage containers on land.

When hiking or camping, stay on established trails and use established campsites. Carry out or burn your litter if no trash cans are available. "Take nothing but pictures, leave nothing but footprints."

## August

Before your vacation road trip, make sure your tires are properly inflated and aligned to increase gas mileage by up to 3%.

When you're on the road, stay within posted speed limits, use your cruise control, and avoid tying items on the top of your car. All these steps will decrease wind resistance and significantly boost your gas mileage.

Keep your kitchen cooler and save energy by using your slow cooker, microwave or toaster oven instead of your stove to prepare summer dinners.

Stop the unwanted catalogs before they begin their pre-Christmas arrival in your mailbox. Go to [catalogchoice.org](http://catalogchoice.org) to opt-out.

Check last year's school supplies for items that can be re-used. Save money and resources by buying only what you really need. Donate any extras to charity.

When buying new school supplies, look for those made from recycled materials and buy in bulk to save packaging.

Look for back-to-school clothes made from organic fabrics or energy-saving recycled polyester. Also, consider hand-me-downs, yard sales and resale shops to help reduce your use of the earth's resources for clothing.

## End of Summer

If you check your tires often to make sure they are properly inflated and have them aligned when your manual suggests, you can increase your gas mileage by up to 3%.

When you're on the road, stay within posted speed limits, use your cruise control, and avoid tying items on the top of your car. All these steps will decrease wind resistance and significantly boost your gas mileage.

Keep your kitchen cooler and save energy by using your slow cooker, microwave or toaster oven instead of your stove to prepare warm weather dinners.

Stop the unwanted catalogs before they begin their pre-Christmas arrival in your mailbox. Go to [catalogchoice.org](http://catalogchoice.org) to opt-out.

Check last year's school supplies for items that can be re-used. Save money and resources by buying only what you really need. Donate any extras to charity.

When buying new school supplies, look for those made from recycled materials and buy in bulk to save packaging.

Look for back-to-school clothes made from organic fabrics or energy-saving recycled polyester. Also, consider hand-me-downs, yard sales and resale shops to help reduce your use of the earth's resources for clothing.