

## THE COURAGE PROGRAM

The COURAGE Program is a volunteer ministry built on Christian values, advocating for pregnant young women and single moms with young children. Courage supports these women with a variety of resources to help them make important decisions on issues of sexuality, self-esteem, parenting, personal growth and maturity.



Here are some of the services provided through the Courage Program:

- Arrangements for free pregnancy testing
- Baby Clothing & Furniture
- Labor & Delivery Classes
- Moms & Tots Classes
- Parenting Classes
- Rental Assistance
- Free Counseling
- GED Classes with babysitters
- Groups for Birth Moms, Grams, Newcomers
- Information on: Adoption, Child Support, Finances, Legal Issues, Paternity, Public Aid, Physicians, WIC Program
- Monthly meetings and Newsletter
- Free Counseling
- Food Program
- Vision Program
- Dental Program
- Diaper Program



Your generous Alms donations helps to provide baby care items(such as formula, diapers, and clothing), emergency food certificates, rental assistance, educational programs, small scholarships for academic endeavors, as well as help with dental and eye care.

If you have any further questions, please call the Courage office at (708)636-8001.